

PASTA E FAGIOLI WITH GROUND TURKEY

Time: 50 minutes

Servings: 8

INGREDIENTS

**Blender required for this recipe

- 1 ½ tsp Italian seasoning (2)
- 1 (28oz) can of crushed tomatoes
- 1 (15oz) can of cannellini beans
- 28oz of low sodium chicken broth
- 1 box of whole wheat shell pasta
- 1 bag of spinach

DIRECTIONS

1. Place Olive oil in pot over medium heat. Add ground turkey and 1 ½ tsp of Italian seasoning (#1). Cook until no longer pink. Set aside for later
- 2.