

CURRICULUM VITAE

Richard Bruce Weinberg

Personal

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D C F  
C R & M H C  
13301 B B. D B  
, FL 33612-3309

E- A : @ .

H A : 614 C  
, F 33613  
(813) 962-8392

P P 16120 N. F A  
A : L , FL 33549-6129  
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P & D B : C , I ; N 11, 1951

M : M R ;

L : P (F L N . P 0003463)  
C D , 1984

B C D C P  
A B P P  
(C D , 1991)

Ed . n P .D. C /C P , 1983

**Education** (continued)

M.A. in Psychology, 1977  
Minor: Education  
Xavier University  
Cincinnati, Ohio 45207

Thesis: The Effect of Written Prose Humor on State Anxiety

B.A. (cum laude), 1975  
University of Michigan  
Ann Arbor, Michigan 48109  
Major: Psychology

**Honors and Awards**

1997

(.6 FTE after  
September, 1986)

University of South Florida  
Louis de la Parte Florida Mental Health Institute  
13301 Bruce B. Downs Boulevard

Paul D'Oronzio, D.S.W.

1981 (half-time)

Graduate Student Psychometrician and Therapist  
Horizon Hospital  
11300 U.S. 19 South  
Clearwater, Florida 33516  
Duties included: personality, intelligence and  
neuropsychological assessment; individual and group  
psychotherapy.

1977 - 1980 (half-time)

Graduate Student Research Assistant  
University of South Florida  
Florida Mental Health Institute

Charles Jacsic, Ed.D., or Vito Ricciardi, M.Ed.  
School District Crisis Team

1988-2000

DACCO of Hillsborough County  
4422 East Columbus Drive

Provided stress management workshops, as needed, to small groups of employees

1988-2003

Tampa YMCA/Bob Sierra Branch  
4029 Northdale Boulevard  
Tampa, FL 33624

On an as-needed basis, conducted training for coaches, parents, staff, and youth participants in team competitive sports; how to maximize performance, enjoyment, and self-esteem in competitive swimmers and gymnasts.

1989

City Council  
City of Tampa  
315 East Kennedy Boulevard  
Tampa, FL 33602

Provided consultation and training on conflict management

Conducted stress management and smoking cessation programs in the Command's Health & Wellness Program.  
Contact: Col. James A. Williamson

1983 - 2003

Tampa Metropolitan YMCA  
110 E. Oak Street  
Tampa, FL 33602

Conducted stress management and smoking cessation seminars for the YMCA's Living Well in Tampa Program.  
On an as-needed basis, conducted support/counseling groups for cardiac patients and their families for Phase 3 Cardiac Rehabilitation Program.

Contact: Bob Gilbertson, Executive Director

**Professional, Community and University Service**

2015-present

Chair, Dept of Rehabilitation and Mental Health  
Counseling Scholarship Committee

2014-2015

Departmental representative to College Faculty Council

2013-present

Co-faculty advisor, iLINC-- Dept of Rehabilitation and  
Mental Health Counseling, Graduate Student  
Organization



**Professional, Community and University Service** (cont'd)

	Board Chair, continuously reappointed by School Board members Sharon Danaher & Jack Lamb
2006-2011	Board of Advisors, Frameworks (formerly Ophelia Project/Boy's Initiative of Tampa Bay)
2004-2005	Program Committee, APPIC 2005 Membership Conference
2002-2003	Program Committee, APPIC 2003 Membership Conference
2002-2003	Membership Committee, American Family Therapy Academy (AFTA)
2001-2010	Standards and Review Committee, Association of Psychology Postdoctoral and Internship Centers (APPIC)
2000-2001	Social Action Committee, Congregation Schaarai Zedek
1997-2004	Board of Advisors, Youth as Resources Program, National Conference for Community and Justice, Tampa Bay Chapter
1996-2004	Youth Activities Committee, Congregation Schaarai Zedek
1996-97	Coach, Northside Little League
1993-96	Scout Leader, Cub Scout Pack 54, Tampa
1991-96	Coach, Youth Baseball, Tampa YMCA
1991-1995	Board of Directors, YMCA Camp Cristina (Tampa Y)
1987-1988	Board of Advisors, University of South Florida, Hillel Jewish Student Association
1984-1988	Board of Advisors, The Tampa Bay Family Times, Inc.
1984-1987	Board of Advisors, Hillsborough County Victim Assistance Program, State's Attorney's Office

**Editorial Experience**

Association of Postdoctoral Psychology and Internship Centers (APPIC) Newsletter, Associate Editor, Macro-systemic Issues, 2003-2011.

Professional Psychology: Research and Practice, Consulting Editor, 1991-1996

Journal of Primary Prevention, Guest Editor for special issue entitled, Primary Prevention: Fact or Fallacy?, 1985 (Summer), a (4).

**Vitae: Richard B. Weinberg, Ph.D.**



**Grants and Contracts** (cont'd)

Marlowe, H.A., & Weinberg, R.B. (1983). Development and coordination of the 1983 Southeastern U.S. Community Support Programs Conference. Funded by the National Institute of Mental Health, 1983. Amount funded: \$25,000.

Marlowe, H.A., & Weinberg, R.B. (1982). Development of the curriculum for teaching managerial skills to supervisors in the Unit Treatment and Rehabilitation System. Contract funded by the State of Florida's Health and Rehabilitative Services' Program Office, Amount funded: \$15,400.

Bedell, J.R., Marlowe, H.A., & Weinberg, R.B. (1982). Expanding counseling resources: A conference for training peer facilitators in social skills competency. Grant funded by Univ of South Florida President's Council, Amount funded: \$4,519.

**Scientific Presentations, Professional Workshops, and Invited Addresses**

Weinberg, R.B. (upcoming, August, 2024). Integrating Recent Findings from Relational Neurobiology & Positive Psychology into Systems Therapy. Workshop to be presented at 132<sup>nd</sup> Annual Convention of the American Psychological Association, Seattle, WA.

Weinberg, R.B. (2024, February). Integrating Recent Findings from Relational Neurobiology & Positive Psychology into Systems Therapy. Workshop presented at Florida Psychological Association. Clearwater, FL.

Weinberg, R.B. (2023, January). Recent Advances in Psychological Approaches for Chronic Pain. Invited Continuing Education workshop presented for the Florida Psychological Association. Tampa FL.

Weinberg, R.B. (2022, August). Integrating Recent Findings from Relational Neurobiology & Positive Psychology into Systems Therapy. Workshop presented at 130<sup>th</sup> Annual Convention of the American Psychological Association, Minneapolis, MN.

Weinberg, R.B. (2021, September). Incorporating Recent Findings from Relational Neurobiology and Positive Psychology into Couple and Family Therapy. Workshop presented at



Paper presented in symposium entitled, Challenges and Successes of Implementing Evidenced-Based Practices into Clinical Settings. 41<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

**Scientific Presentations, Professional Workshops, and Invited Addresses** (cont'd)

Weinberg, R.B. & Maras, M. (2007, June). Best Practices for Identifying/ Obtaining a Clinical-Community Psychology Internship. Paper presented at the 11<sup>th</sup> Biennial Conference of the Society for Community Research and Action. Pasadena, CA.

Weinberg, R.B., Serrano-Garcia, I. Maras, M., Porter, N., & Chow, L. (2007, June). Incorporating and Illuminating Personal Values in Community Psychology Training. Paper presented at the 11<sup>th</sup> Biennial Conference of the Society for Community Research and Action. Pasadena, CA.

Weinberg, R.B. (2007, April). From Social Responsibility to Personal Ethics: How "Making a Difference" Can Truly Make a Difference in Psychology Training. **Invited Plenary Address** presented at the Sixth Biannual APPIC Membership Meeting. San Diego, CA.

Weinberg, R.B. (2007, January). Medical Family Therapy. Workshop presented to Tampa Bay Association for Women Psychotherapists. Tampa, FL

Weinberg, R.B. (2006, November). Clinical Internship Training in Public Sector Psychology: Incorporating Social Justice, Multicultural Competence, and Clinical Psychology. Poster presented at the 40<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.

Weinberg, R.B. (2006, August). Incorporating Mental Health Policy Research and Advocacy in Internship Training. Paper presented in symposium entitled, Innovative Strategies for Teaching Advocacy to Graduate Students. 114<sup>th</sup> Annual Convention of the American Psychological Association. New Orleans, LA.

Weinberg, R.B., Degue, S., Garner, L., Haber, M.G., Sutton, D. & Wilson, S. (2006, June). Community psychology advocacy in action: Using research to address discrimination. Paper presented at the First International Conference of Community Psychology. Río Piedras, Puerto Rico.

Weinberg, R.B. (2005, November). Bringing High Quality CBT to Underserved Communities: Advances and Challenges in Psychology Training. Paper presented at the 39<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies. Washington, DC.

Weinberg, R.B. (2005, November). Community-Based Substance Abuse Treatment with Disadvantaged Populations: Realistic Practices, Training, Research, and System Collaboration. Paper presented at the 39



Clinical Internship. Paper presented at the 10<sup>th</sup> Biennial Conference of the Society for Community Research and Action. Champaign, IL.

**Scientific Presentations, Professional Workshops, and Invited Addresses** (cont'd)

Weinberg, R.B. (2005, April). Improving mental health services for African-American children. Paper presented in symposium entitled, Developing Interdisciplinary Training Programs for the Underserved and the Graduate Psychology Education (GPE) Initiative. Fifth Biannual APPIC Conference. Orlando, FL

Lyons, E. & Weinberg, R. (2002, April). Effective strategies for increasing acceptance of diversity and community involvement among youth. Paper presented as part of a symposium, "Engaging Youth in the Quest for Social Justice and Community Better-ment" at the 9th Biennial Society for Research in Adolescence Conf. New Orleans, LA.

**Scientific Presentations, Professional Workshops, and Invited Addresses** (cont'd)

Weinberg, R.B. (2001, February). Morality and social responsibility in clinical practice. Workshop presented to Tampa Bay Association for Women Psychotherapists. Tampa, FL

(2000





Weinberg, R.B., Prange, M.E., & Marlowe, H.A. (1984, August). Adaptation and cognitive, behavioral, and avoidance coping styles. Paper presented at the Annual Convention of the American Psychological Association, Toronto, Ontario.

Weinberg, R.B., & Marlowe, H.A. (1983, November). A social network approach to stress management. Workshop presented at the Southeastern Stress Management Symposium. Myrtle Beach, SC.

**Scientific Presentations, Professional Workshops, and Invited Addresses** (cont'd)

Marlowe, H.A., & Weinberg, R.B. (1983, February). A mental health management training program. Paper presented at the 1983 Southeastern U.S. Community Support Programs Conference. Tampa, FL.

Weinberg, R.B., & Marlowe, H.A. (1983, February). The Managerial Stress Inventory: Development of an instrument and findings from mental health settings. Paper presented at the 1983 Southeastern U.S. Community Support Programs Conference. Tampa, FL.

Edmunson, E.D., & Weinberg, R. B. (1981, January). Longitudinal comparisons of network characteristics and personality correlates of psychiatric patients. Paper presented at a symposium entitled Network Models in Health and Human

Paper presented at the Annual Meeting of the Southeastern Psychological Association, Washington, D.C.

Weinberg, R.B. (1979, March). The nature of networks and their role in psychological adjustment. Paper presented at the Annual Meeting of the Southeastern Psychological Association, New Orleans, L.A.

Weinberg, R.B. (1976, April). Employment opportunities for M.A. level psychologists: A data-based investigation. Paper presented at the 14th Annual Psi Chi conference. Cincinnati, OH.

**Publications (Books)**

Marlowe, H.A., & Weinberg, R. B. (Eds.). (1985). Competence development: Theory and practice inspecial populations. Springfield, IL: C.C. Thomas.

Marlowe, H.A., & Weinberg, R. B. (Eds.). (1985). Is mental illness preventable? New York: Human Sciences Press.

**Publications (Peer Reviewed Journals and Chapters)**

Weinberg, R.B. (2014). Treating adolescents with conduct disorder. In S. Walfish & L. Grossman (Eds.). *Translating Research into Practice: A Desk Reference for Practicing Mental Health Professionals*. (pp. 41-46). NY: Springer Publishing.

Comtois, K., Pinto, B., Weinberg, R.B., & Field, C. (2005). Strategies for advancing diversity within graduate training and internship programs. Behavior Therapist, 28, 37-38.

Jacsek, C.M., Dedrick, R.F., & Weinberg, R.B. (2000). Classroom teachers' ratings of the acceptability of in-class crisis intervention services. Traumatology, 6, 1-11.

Weinberg, R.B. (Co-Editor) D.A., & Bow, M.G.R. (1992) Cognitive Behavioral Training in the public sector psychology at the Florida Mental Health Institute. The Behavior Therapist, 14, 235-238.



Weinberg, R.B. (2004, July). Macrosystemic Issues in Psychology Training: On the Holiness of Knowledge, Empirically



Weinberg, R.B. (1985). Coping with the stress of potential lay-off and worksite re-organization: a test of the buffering hypothesis. Ann Arbor, MI: University of Michigan, School of Education. (ERIC Document Reproduction Service No. ED 253778).

Weinberg, R.B. (1985). The importance of social networks in de-institutionalization. Ann Arbor, MI: University of Michigan, School of Education. (ERIC Document Reproduction Service No. ED 252778).

Marlowe, H.A., & Weinberg, R.B., (Eds). (1983). Competence, coping, and the emotionally handicapped. Proceedings of the 1983 Southeastern United States Conference on Community Support Programs. University of South Florida, Tampa.

Weinberg, R.B. (1983). The role of competence and coping in the stress process. In H.A. Marlowe & R.B. Weinberg (Eds.), Competence, coping and the emotionally handicapped. Proceedings of the 1983 Southeastern United States Conference on Community Support Programs. University of South Florida, Tampa, FL.

Weinberg, R.B. (1983). Personal Competence Development: Self-management skills. University of South Florida, Florida Mental Health Institute, Tampa, FL.

Institutionalization. Tampa, FL: University of South Florida.

**Publications (Popular Press: local newspapers and magazines)**

Obama's Politics of Reconciliation through a Family Psychologist's Eyes (Op-Ed published in Tampa Tribune, March 25, 2008)

Healing by Connecting with Peace (Invited essay following Sept 11 tragedy). Tampa Tribune.

When your children are teased. Tampa Bay Family Times.

Vacations without children... But without guilt? Tampa Bay Family Times.

Balanced parenting. Tampa Bay Family Times.

Re-marriage: What time is the right time? Tampa Bay Family Times.

Children and divorce. Tampa Bay Family Times.

Only children: Deprived, privileged, or on even terms? Tampa Bay Family Times.

Mom, I wanna come home-- Preventing homesickness at summer camp. Tampa Bay Family Times.

The pros and cons of video games. Tampa Bay Family Times.

How to keep your New Year's resolutions: Achieving self-change. Single Life Magazine.

Your first holiday season after divorce: Or dreaming of a white Christmas past. Single Life Magazine.

The psychology of touch ... Or the power of gentleness. Single Life Magazine.

Parenthood without custody: Rising above the turbulence. Single Life Magazine.

Anger: Seeing clearly through the storm. Single Life Magazine.

Loneliness: The residues of loss. Single Life Magazine.

Working through the emotions of divorce. Temple Terrace Beacon.

Changing habits you wish you never had. Temple Terrace Beacon.

Helping your child overcome shyness. Temple Terrace Beacon.

**Publications (Popular Press: local newspapers and magazines)** (continued)

Preventing shyness in children. [Temple Terrace Beacon](#).

The day after 'The Day After': Coping with the threat of nuclear war. [Temple Terrace Beacon](#).

Helping your alcoholic spouse, Part I. [Temple Terrace Beacon](#).

Helping your alcoholic spouse, Part II. [Temple Terrace Beacon](#). When your child has to be hospitalized. [Temple Terrace Beacon](#).

Taking the emotional strain out of moving.

Treating Panic Attacks  
Families and Family Therapy  
Religion and Mental Health  
How to Take Care of You  
Treating Sexual Difficulties  
Anger: The Double Standard  
Good Mind, Good Body  
Divorce and Dating after 50  
Depression in the Elderly  
Parents of Schizophrenics  
Victimization  
Raising Teen-agers  
Troubled Children  
Alcoholism and Substance Abuse in the Elderly  
New Years's Resolutions: Why They Fail  
Schizophrenia  
Treating Abused Children and Victims of Incest  
Adult Children of Alcoholics  
Divorce and its Consequences  
Anger: Dealing with Feeling  
Success in School

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Annually, 2009-present	RCS 6930 <u>Marriage Therapy, Theory and Techniques</u> University of South Florida Dept. of Child and Family Studies 3 graduate credit hours.
Annually, 2009-2017; 2020-present	MHS 4434 <u>Behavioral Health and the Family</u> University of South Florida College of Behavioral and Community Sciences 3 undergraduate credit hours
Summers, 2013-16	MHS 4931 & RCS 6930