

# Expressive Arts in Play Therapy

## About this Graduate Course Course Description

RCS 6930 CRN 54134

Special Topics Seminar:

Expressive Arts in Play Therapy

Summer 2024 Session C

Tuesdays

5:00pm-9:15pm

### Instructor

Tessa Hastings, PhD,

LMHC, RPT-S

hastingt@usf.edu

Register now  
for the  
2024 Summer  
Semester

## Course Description

Expressive Arts through a play therapy lens is an evidence-based approach for counseling children. It is developmentally age-appropriate and utilizes children's natural tendency toward play. Play therapists meet children where they are and use toys as the medium of communication to help children identify and resolve distress.

## Course Highlights

This course will provide students with a brief overview of the history, leading theories, and supporting research for expressive arts within current trends and practices.

Students will learn fundamental expressive arts techniques from a play therapy lens.

This course will prepare students to begin using expressive arts skills under supervision.

## Who Should Take this Course

Any graduate student or professional with a related graduate degree interested in working with children.

Events, activities, programs and facilities of the University of South Florida are available to all without regard to race, color, marital status, gender, sexual orientation, religion, national origin, disability, age, Vietnam or disabled veteran status as provided by law and in accordance with the university's respect for personal dignity. USF is an EO/EA institution.



UNIVERSITY  
of  
SOUTH FLORIDA